



Food Pantry News

Volume 4, Issue 1—January 2022



Star Fish, Inc. is a tax exempt 501(c)(3) non-profit corporation. Donations are tax deductible as permitted by law.

Thank You for Your 2021 Donations!

STAR FISH FOOD PANTRY

Every day you make a difference for
Plainfield's vulnerable families



The Covid-19 pandemic continues to
impact families with food insecurity

Please consider a 2022 donation.

Visit our website donation page at

www.starfishplainfield.org/contact-us-or-donate

We are grateful for the support of so many of our friends, neighbors, groups, and corporations for their donations and grants that support our work to feed the hungry in Plainfield. Without this support, we would not fulfill our mission. Please see the following pages for a listing of our Sponsors and donors. Thank you all!

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Newsletter

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comments or
suggestions. Email us!

If you don't want to
receive emails from us,
opting out is easy—
just send an email to

Secretary@
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Thanks to our 2021 Sponsors (cont'd)

Pantry Full of Food Sponsors - \$10,000 to \$24999

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Thanks to our 2021 Sponsors (cont'd)

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Jim Schiffer Birthday Presents to Star Fish

A newer friend of Star Fish, Jim Schiffer, decided to forgo birthday presents for himself this year and instead asked his family and friends to donate to Star Fish.

Through his caring and the generosity of his family and friends, we were blessed with almost \$2,300.00 for our food pantry. This is the equivalent of almost 2,000 dozen fresh eggs, or almost 60 bags of groceries, or almost 50 ShopRite gift cards for our holiday dinner projects.

We also thank Jim for his own donations to the cause, both monetary and in the form of ShopRite gift cards. He has truly become an ambassador for Star Fish, encouraging family and friends to give their support.

Thank you, Jim and all those who love and support you and Star Fish through you.

PLEASE READ THE FOLLOWING

Editor's Note: We have made every effort to properly acknowledge all of our friends who contributed monetarily or with food or other items needed to support our clients. Any omissions are truly unintentional and will be corrected if we are notified via email—
admin@starfishplainfield.org.

Summary of Your Achievements, Friends of Star Fish!

To all our generous friends who sustained the mission of Star Fish, "to provide emergency food to the people of Plainfield" we say thank you. To our untiring volunteers who work with great enthusiasm we applaud your energy.

Let us share with you the impact your abundant generosity provides:

- 950 Bags of food were filled when adults, children and families needed food because of unemployment, health crisis, inability to pay utilities.
- 14,250 pounds of food were distributed to the hungry.
- 2000 dozen eggs and packages of chicken delivered to families.
- Hundreds of loaves of bread packaged in food bags and dispensed to families through our Partner Agencies.
- \$11,000 in supermarket gift cards given to 170 families at Thanksgiving.
- \$18,000 in supermarket gift cards given to 172 families at Christmas. Parents cried knowing their kids would get gifts at Christmas.
- \$11,000-plus in supermarket gift cards given to 165 families at Easter.

- Hundreds of people too numerous to count who stood in line at the Plainfield Food Security Project each week. You gave them bags of food to get through a few days with nourishment. Those lines continue today.
- Various amounts of breakfast and lunch time snacks were delivered to children in camp programs during the summer months.
- Toiletries of toothpaste, toothbrushes, shampoo and deodorant, diapers & feminine products included with food packages.

Did you impact the lives of our neighbors in Plainfield during a most challenging time? You most certainly did!

Star Fish expresses heartfelt gratitude to our loyal volunteers and to you, our donors, who make our work in feeding the hungry possible. Your investment in the well being and health of those in our community is vital. Star Fish encourages you to continue investing in provisions that sustain the members of our community.

Our Star Fish family is filled with gratitude as we extend sincere wishes for a safe, happy, and healthy New Year to all.

Thanks to our 2021 Donors of Food and Other Items

Anonymous donors	Maxson Middle School, Plainfield
Aditya Awasthi	McGinn School, Scotch Plains
Agnes Johnson	Michael Pelton & Michael Pearson
Alys Tyler	Michael Ramos Family
Barbara DeLucas	Michael Sawicki
Barbara and Jennifer Lynam	Mike and Linda DeGeorge
Bell and Flores Families	Ministry of Motherhood, St. Michael's Catholic Church, Cranford
Bill Nierstedt	Mount St. Mary Academy
Bob Boker	Neighbors of Sleepy Hollow
Bob Joseph	Netherwood Heights Neighborhood Assoc.
Brian Greenspan	New Providence Scouting for Food c/o Tom Montrone
Bridges, Summit	Olive Bryan
Bruce Zehnle	Pat Jackson
Cathy Renga	Patty Coheeney
Chris Milan of JK Design, Hillsborough	PSE&G employees, Plainfield
Community Food Bank of NJ	Rosemarie Bonk
Covenant United Methodist Church	Rotary Club of the Plainfields
Cranford Methodist Church	Ruth Sykes
Crescent Avenue Presbyterian Church, Plainfield	Sabrina Mitchell
Dana Willis	Salt and Light Ministry, St. Michael's Catholic Church, Cranford
Darci Grasso	Scotch Plains-Fanwood High School
Daryl Triblyn	Sherry Kenny
Deressa Ship	Sleepy Hollow Neighbors Assoc.
Dineen Burke of I Support the Girls - Springfield	St. Andrew's Episcopal Church, New Providence
Donna Toryak	St. Bartholomew the Apostle Catholic Church, Scotch Plains
Edison Intermediate School, Westfield	St. Bernard of Clairvaux & St. Stanislaw Kostka Catholic Church, Plainfield
Faith Lutheran Church, New Providence	St. John Baptist Church, Scotch Plains
Greenbrook Schools PTA	St. Joseph High School, Metuchen
Holly Bear	St. Mary Catholic Church, Plainfield
Janice Vyzas	Wesley Methodist Church, South Plainfield
Jarrett Brown, Boy Scouts of America	Sue and Vincent Van Gordon
Jasmine Luo, BASF Corporation	The Coffee Box and Jeff Spelman
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Jeff Spelman	Vicki Bixel
Jennifer Leveille	Wardlaw Hartridge School, Edison
Jim Schiffer	Warren Middle School, Warren
Joe Encarnacion and Family	Wilson Memorial Church, Watchung
Karen Calta	
Kathleen Nitzsche	
Kristin Caccavale	
Leslie Taylor	
Lila Reidy	
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Star Fish, Inc.

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Phone: 908-755-8888

E-mail:

secretary@starfishplainfield.org

Donate at

www.starfishplainfield.org

Visit our website, click on the Contact or Donate link in the menu bar, and then click on the "Donate" button as shown below.



We are a group of volunteers from Plainfield and the surrounding area who belong to a tax exempt, 501(c)(3) non-profit corporation in existence since 1971. We operate three days each week throughout the year, preparing and distributing grocery food orders to an average of thirty to thirty-five families in need each week.

Our primary function is to maintain the food pantry. Our volunteers pack and deliver grocery food orders to clients who have been referred to us by local social service agencies. Most of these agencies are listed on our website [Partners page](#).

Using a referral system helps us better manage our resources. These agencies vet the client to help assure that our limited resources are given to those truly in need. We also prepare special food orders for 160 families at Easter, Thanksgiving, and at Christmas.

The generosity of our donors helps us prepare these holiday meals and bags of food each week for those in need of emergency food assistance. You are all "Stars for Star Fish!"

The Food We Provide To Those In Need—Amounts Vary Based on Family Size

- 1 Package of frozen meat
- 1 Loaf of bread
- 1 lb of Pasta
- 1 Pasta Sauce
- 4 Cans Soup
- 2 Macaroni and Cheese
- 1 Small bag of tea bags
- 1 Jar Peanut Butter
- 1 Jar Jelly
- 1 Can of Fruit or Jar of Applesauce
- 4 Cans Vegetables
- 2 Can of Tuna
- 4 Cans of Beans
- 1/2 Dozen Eggs
- 2 box of cereal (or 4 Instant Breakfast Cereal envelopes for single persons)
- 1 dry or shelf-stable milk
- 1 Paper goods, 1 cleaning product, and 1 personal care item



You can donate any of these items at any time. Contact us and we'll even arrange to pick it up!

Too busy to do extra shopping? Donate instead and we'll buy it. Just go to www.starfishplainfield.org and click on the "Donate" button.